

# In Utero Exposure to Dioxins and Dioxin-like Compounds and Anogenital Distance in Newborns and Infants

Marina Vafeiadi, Silvia Agramunt, Eleni Papadopoulou, Harrie Besselink, Kleopatra Mathianaki, Polyxeni Karakosta, Ariana Spanaki, Antonis Koutis, Leda Chatzi, Martine Vrijheid, Manolis Kogevinas

http://dx.doi.org/10.1289/ehp.1205221

**Online 19 November 2012** 



National Institutes of Health U.S. Department of Health and Human Services

In Utero Exposure to Dioxins and Dioxin-like Compounds and Anogenital Distance in

Newborns and Infants

Marina Vafeiadi<sup>1,2,3,4</sup>, Silvia Agramunt<sup>1,2,5</sup>, Eleni Papadopoulou<sup>1,2,3,4,6</sup>, Harrie Besselink<sup>7</sup>,

Kleopatra Mathianaki<sup>8</sup>, Polyxeni Karakosta<sup>8</sup>, Ariana Spanaki<sup>9</sup>, Antonis Koutis<sup>8</sup>, Leda

Chatzi<sup>8</sup>, Martine Vrijheid<sup>1,2,3</sup>, Manolis Kogevinas<sup>1,2,3,6</sup>

<sup>1</sup>Centre for Research in Environmental Epidemiology (CREAL), Barcelona, Spain

<sup>2</sup>Municipal Institute of Medical Research (IMIM-Hospital del Mar), Barcelona, Spain

<sup>3</sup>CIBER Epidemiología y Salud Pública (CIBERESP), Spain

<sup>4</sup>Pompeu Fabra University, Barcelona, Spain

<sup>5</sup>Parc de Salut Mar, Obstetrics and Gynecology Department, Barcelona, Spain

<sup>6</sup>National School of Public Health, Athens, Greece

<sup>7</sup>Biodetection Systems B.V., Amsterdam, The Netherlands

<sup>8</sup>Department of Social Medicine, Medical School, University of Crete, Heraklion, Greece

<sup>9</sup>Venizeleio Hospital, Heraklion, Crete, Greece

**Corresponding author contact information:** 

Manolis Kogevinas, MD, PhD

Centre for Research in Environmental Epidemiology (CREAL)

88 Dr. Aiguader St, 08003 Barcelona, Spain

Email: kogevinas@creal.cat Telephone: +34 93 214 7332

Running title: Dioxins and anogenital distance

**Key words:** anogenital distance, dioxins, dioxin-like compounds, DR CALUX®, persistent

organic pollutants

1

**Acknowledgements**: This study was partly funded by FP6 and FP7 EU grants (contract number FOOD-CT-2005-016320 and 241604 respectively). The authors would like to thank all study participants for their generous collaboration. The authors would also like to thank David Martinez for assisting in the statistical analysis. HB is employed by Biodetection Systems B.V., Amsterdam, The Netherlands.

**Competing interests**: The authors declare they have no competing financial interests.

#### List of abbreviations:

ACD, anoclitoral distance

AFD, anofourchetal distance

AGD, anogenital distance

AhR, aryl hydrocarbon receptor

AR, androgen receptor

ARNT, AhR nuclear translocator

ASD, anoscrotal distance

BMI, body mass index

BPA, Bisphenol-A

CI, confidence interval

DR-CALUX®, Dioxin-Responsive Chemically Activated LUciferase eXpression

ER, estrogen receptor

GAM(s), generalised additive model(s)

LOD, detection limit

PCB(s), polychlorinated biphenyl(s)

PCDD(s), polychlorinated dibenzodioxin(s)

PCDF(s), polychlorinated dibenzofuran(s)

PW, penis width

SD, standard deviation

TCDD,2,3,7,8-Tetrachlorodibenzo-p-dioxin

#### Abstract

**Background**: Anogenital distance in animals is used as a measure of fetal androgen action. Prenatal exposure to dioxins and dioxin-like compounds in rodents causes reproductive changes in male offspring and decreases anogenital distance.

**Objective**: We assessed whether *in utero* exposure to dioxins and dioxin-like compounds adversely influences genitalia distances in newborns and young children (median age 16 months, range 1–31 months).

Methods: We measured genitalia distances among participants of the 'Rhea' mother-child cohort study in Crete and the Hospital del Mar (HMAR) cohort in Barcelona. Anogenital distance (AGD: anus to upper penis), anoscrotal distance (ASD: anus to scrotum) and penis width (PW) were measured in 119 newborn and 239 young boys; Anoclitoral (ACD: anus to clitoris) and anofourchetal distance (AFD: anus to fourchette) were measured in 118 newborn and 223 young girls. We estimated plasma dioxin-like activity in maternal blood samples collected at delivery with the Dioxin-Responsive Chemically Activated LUciferase eXpression (DR CALUX®) bioassay.

**Results**: Anogenital distances were sexually dimorphic, being longer in males than females Plasma dioxin-like activity was negatively associated with AGD in male newborns. The estimated change in AGD per 10 pg CALUX®-TEQ/g lipid increase was -0.44 mm (95% CI:-0.80,-0.08) after adjusting for confounders. Negative but smaller and non-significant associations were observed for AGD in young boys. No associations were found in girls.

**Conclusions**: Male infants may be susceptible to endocrine-disrupting effects of dioxins. Our findings are consistent with the experimental animal evidence used by FAO/WHO to set recommendations for human dioxin intake.

#### Introduction

Polychlorinated dibenzodioxins (PCDDs), dibenzofurans (PCDFs) and biphenyls (PCBs) constitute a group of widespread and persistent organic pollutants with 2,3,7,8
Tetrachlorodibenzo-p-dioxin (TCDD, dioxin) being the most toxic member of this group (Birnbaum 1994a, 1995a, b). PCDDs, PCDFs and dioxin-like PCBs have long half-lives and therefore accumulate in the body. Food is the main source of dioxin exposure for humans, estimated at over 95% of the total intake for non-occupationally exposed persons (Parzefall 2002). Infant exposure starts *in utero*, through the placenta, and continues postnatally through breastfeeding.

The toxicity of PCDDs, PCDFs and dioxin-like PCBs is mostly traced to their binding to the aryl hydrocarbon receptor (AhR). The AhR, upon exposure to TCDD, translocates into the nucleus, where it heterodimerizes with the AhR nuclear translocator (ARNT). This complex then binds to its specific DNA recognition sites to activate the transcription of dioxin responsive genes (Hankinson 1995). The AhR induces expression of direct target genes such as the drug metabolizing enzyme genes *CYP1A1* and *CYP1A2* (Safe and Krishnan 1995). Furthermore, the ligand-activated AhR associates with estrogen or androgen receptors (ERa or AR) to regulate transcription as a functional unit (Ohtake et al. 2003; Ohtake et al. 2008). Although early studies focused on the AhR as mediating the biochemical response to xenobiotics, recent studies have revealed that, triggered by natural and endogenous ligands, AhR plays key endogenous regulatory roles in normal physiology and development (Abel and Haarmann-Stemmann 2010; Denison et al. 2011).

Since TCDD and other dioxin-like compounds exist as complex mixtures of various congeners throughout the environment, calculating total TCDD toxic equivalent (TEQ) concentration is the most relevant exposure measure in studies of health effects of dioxins and dioxin-like compounds (Warner et al. 2005). The Dioxin-Responsive Chemically

Activated LUciferase eXpression (DR CALUX®) assay measures the ability of a chemical mixture to activate AhR-dependent gene expression of the firefly luciferase gene in genetically modified cell lines and only small amounts of blood plasma are required for these measurements (Brouwer et al. 2004).

Anogenital distance (AGD), which is the distance from the anus to the genitalia, is a sensitive marker used by reproductive toxicologists in animal experiments as a measure of fetal androgen action. In rodents, perineal growth is dihydrotestosterone-dependent, males have a greater AGD than females, and use of AGD to sex newborns is common (Greenham and Greenham 1977; Marty et al. 2003). Anogenital distance usually tracks through life, varies by dose of antiandrogen, and can be predictive of other androgen-responsive outcomes such as hypospadias and cryptorchidism (Gray et al. 1999). Animal studies reviewed by the Joint FAO/WHO Expert Committee on Food Additives showed reduction in anogenital distance and feminized sexual behaviour in male offspring associated with TCDD exposure (FAO/WHO 2002).

In human studies anogenital distance has only been examined in recent years (Huang et al. 2009; Longnecker et al. 2007; Miao et al. 2011; Ozkan et al. 2011; Romano-Riquer et al. 2007; Salazar-Martinez et al. 2004; Sathyanarayana et al. 2010; Suzuki et al. 2011; Swan et al. 2005; Thankamony et al. 2009; Torres-Sanchez et al. 2008). No human studies have reported on the relationship between *in utero* dioxin exposure and anogenital distance in offspring, whereas anogenital distance has been inversely associated with prenatal exposure to other environmental endocrine disruptors, namely phthalates, dichlorodiphenyl-dichloroethylene (DDE) and Bisphenol-A (BPA) (Miao et al. 2011; Swan et al. 2005; Torres-Sanchez et al. 2008).

In the present study of two mother-child cohorts in Greece and Spain, the DR CALUX® bioassay was used to measure dioxin-like activity in maternal plasma. We hypothesized that *in utero* exposure to dioxins would decrease anogenital distance in newborns and children.

#### **Materials and Methods**

## Study population

The present study was based on data from the 'Rhea' mother-child cohort study in Crete and the Hospital del Mar (HMAR) cohort in Barcelona. Both studies are part of the Newborns and Genotoxic exposure risks (NewGeneris) project.

The Rhea study prospectively examines a population-based sample of pregnant women and their children at the prefecture of Heraklion, Crete, Greece. Methods are described in detail elsewhere (Chatzi et al. 2009). Women were identified from February 2007 to February 2008 at the time of the first ultrasound examination at the 10th-13th week of gestation, were residents in the study area, older than 16 years, and with no communication handicap. Face-to-face structured interviews along with self-administered questionnaires and medical records were used to obtain information on nutrition, occupational and environmental exposures, lifestyle, socioeconomic and psychological factors during pregnancy and birth.

1,765 eligible women were approached during the enrollment period, 1,610 (91%) agreed to participate and 1,317 (82%) were followed up until delivery. 700 blood samples, provided by the study participants at delivery, were analyzed for dioxin-like activity. Anthropometric measurements were conducted for 165 newborns (84 boys and 81 girls) and 732 young children (374 boys and 358 girls). The present analysis included 121 newborns (62 boys and 59 girls) and 462 young children (median age =16.0 months, min-max =1-31 months; 239

boys and 223 girls), all of whom were singletons with information on anthropometry and *in utero* dioxin-like activity measurements.

In the HMAR study women were informed by their midwife at the delivery room about the NewGeneris project. The inclusion criteria were: age≥18 years; singleton pregnancy; HIV, hepatitis B/C negative; non-excessive postpartum hemorrhage and non-urgent caesarean section. A similar questionnaire to that of the Rhea study was administered to the mothers within the first 48 hours post-delivery by a trained nurse. 205 blood samples were analyzed for dioxin-like activity and anthropometric measurements were conducted for 187 newborns (95 boys and 92 girls). 116 newborns (57 boys and 59 girls) with information on anthropometry and *in utero* dioxin-like activity were included in this analysis.

All procedures involving human subjects were approved by the ethical committee of the University Hospital in Heraklion and by the Clinical Research Ethical Committee at Hospital del Mar (CEIC). All study participants provided written informed consent for themselves and their children.

## Physical examination

Examiners of both cohorts received a common and extensive training before conducting the measurements. All anogenital distances measurements were performed using a standardized analytical protocol based on the protocol used in a previous study (Swan et al. 2005); SH Swan, personal communication), which was modified to include additional measurements (Callegari et al. 1987; Salazar-Martinez et al. 2004). Minor changes, mostly regarding the child's position during measurement, were made to adapt the protocol for young children. In male participants we recorded anogenital distance (AGD), the distance from the anterior base of the penis to the centre of the anus, anoscrotal distance (ASD), the distance from the posterior base of the scrotum to the centre of the anus, and penis width (PW), the diameter of

the penis in its base. In girls we recorded, anoclitoral distance (ACD), the distance between clitoris and the center of the anus, and anofourchettal distance (AFD), the distance from the posterior convergence of the fourchette to the centre of the anus. Each measurement was repeated three times and the average of the three measurements was recorded. Weight, length and head circumference were measured twice, and average values were used for analysis.

Anogenital distances were measured with a Vernier digital calliper in increments of 0.01mm (TESA Cal C/PROOF 150MM IP67). An electronic scale readable to increments of 0.001kg was used to measure weight (SECA model 354), a measuring mat was used to measure length (SECA model 210), and a non-stretchable measuring tape was used to measure head circumference.

In the Rhea study three examiners conducted the measurements of newborns at the clinics and four examiners the measurements of young children at their homes. In the HMAR cohort, all measurements were conducted by a single examiner within the first 48 hours post-delivery.

## **Blood sample collection**

Maternal peripheral blood samples were collected in heparinized tubes (BD Vacutainer, Plymouth, UK) immediately after the delivery. The blood was centrifuged and the plasma was stored at -80 °C until shipment to The Netherlands on dry ice.

#### DR CALUX® bioassay

Dioxin like-activity in maternal plasma samples was determined through the DR CALUX® assay at Biodetection Systems B.V., Amsterdam (www.bds.nl). The CALUX® assay is based on a genetically modified H4IIE rat hepatoma cell line which contains the firefly luciferase reporter gene under the transcriptional control of AhR. When cells are exposed to dioxins or dioxin-like chemicals, through binding to the AhR, they express luciferase as well as proteins and enzymes associated with dioxin-responsive elements. With addition of the substrate

luciferine for the luciferase enzyme, light is emitted. The amount of light emitted is proportional to the strength of the AhR binding. The luminance is calibrated with respect to 2,3,7,8-TCDD in units of toxic equivalency quantity (TEQs) and results are expressed as pg CALUX®-TEQ/g lipid. The DR CALUX® bioassay has previously been validated and used in human biomonitoring studies (Brouwer et al. 2004; Halldorsson et al. 2009; Koppen et al. 2001; Koppen et al. 2009; Pedersen et al. 2010; Porpora et al. 2009; Van Den Heuvel et al. 2002). The protocol for sample processing has been presented elsewhere (Murk et al. 1997) and is described in detail in Supplemental Material (see Supplemental Material, page 2).

### Statistical analysis

We used linear regression models to explore the associations between dioxin-like activity in maternal plasma and anogenital parameters. Samples below the LOD were assigned a value equal to  $0.5\times LOD$  prior to analyses for associations. Body dimensions have been found to be major predictors of anogenital distances. All models included birth weight and weight at the time of examination for newborns and children respectively. We did not adjust for length because it was not a significant predictor of any of the outcomes in our study (p > 0.05). In addition to birth weight, each basic model for newborns included gestational age and cohort. In addition to weight at the time of examination, basic models for young children included age at examination and a variable indicating the examiner. We also ran fully adjusted models that included all potential confounders that predicted the outcome with p < 0.2 when added to the basic model for each age group.

In addition we modeled associations using weight-standardized z-scores of anogenital distances as the outcome. In alternative analyses we adjusted for body size using weight percentiles for age based on WHO tables (World Health Organization 2006). Generalized additive models (GAMs) were applied to explore the shape of the relationships between

dioxin-like activity and anogenital distances and test departures from linearity. These models indicated linear relationships for all anogenital distances in newborns and young children. Analyses were conducted using STATA software, version 10.0 (Statacorp, College Station, TX). The level of significance was set at p < 0.05 (two-sided).

#### Results

## Participant's characteristics

Mothers of newborns and young children had a mean (±SD) age of 29.8±5.4 years and 30.1±4.7 years, respectively, and had a pre-pregnancy body mass index (BMI) within the normal range with median [interquartile range (IQR)] values of 23.4 (5.3) and 23.4 (5.1) kg/m² respectively (Table 1). Most of the newborns (73.7%) and half (50.8%) of the young children were vaginally delivered, with a mean (±SD) birth weight of 3,277±429.2 and 3,167±441.6 grams respectively. Participants were mainly white European, multiparous, non-smokers living in urban areas. Percentages of boys and girls were similar in newborns (50.2% boys and 49.8% girls) and young children (51.7% boys and 48.3% girls).

#### Dioxin-like compounds and anogenital parameters

Anogenital distances were longer in male newborns (AGD=48.8±5.1 mm, ASD=25.5±4.8 mm) than in female (ACD=35.0±3.3 mm, AFD=14.3±3.0 mm) (Table 2). Similarly, in young children mean (±SD) anogenital distances were longer in males (AGD=80.7±7.3 mm, ASD=39.9±6.9 mm) than females (ACD=49.1±6.0 mm, AFD=21.7±3.9 mm). The mean (±SD) of PW was 10.7±1.1 mm in newborns and 14.0±1.7 mm in young boys. The mean (±SD) of the samples was 52.3±20.7 pg CALUX®-TEQ/g lipid in mothers of newborns and 49.7±26.7 pg CALUX®-TEQ/g lipid in mothers of young children.

Mean weight at examination of newborns was lower among newborn male and female children whose mothers had CALUX®-TEQs above the median (>53.6 pg CALUX®-TEQ/g lipid) compared to children whose mothers had values below the median, although differences were small and not statistically significant (Table 3). In young children, weight at examination was higher in children whose mothers had dioxin-like activity above the median (>50.3 pg CALUX®-TEQ/g lipid), with a significant difference in young males. Compared with newborn children whose mothers had low dioxin-like activity, newborn children of mothers with high activity had small non-significant decreases in AGD in males (48.4 mm vs. 49.1 mm, p=0.617) and ACD and AFD in females (34.9 mm vs. 35.1 mm, p=0.592 and 14.1 mm vs. 14.4 mm, p=0.892 respectively).

### Relationship between plasma dioxin-like activity and anogenital parameters

Plasma dioxin-like activity was negatively associated with AGD in male newborns (Table 4). The estimated change in newborn AGD per 10 pg CALUX®-TEQ/g lipid was -0.41 mm (95% CI: -0.77, -0.06) according to the basic model (adjusted for birth weight, gestational age and cohort), with a similar estimate based on the fully-adjusted model (Table 4). Analyses by country also were similar (-0.43 mm; 95% CI: -0.88, 0.02 for Rhea and -0.39 mm; 95% CI: -1.02, 0.25 for HMAR in fully-adjusted models). Negative, but not statistically significant associations were observed for ASD in male newborns (-0.14 mm; 95% CI: -0.51, 0.23 and -0.25 mm; 95% CI: -0.61, 0.11 for the basic and fully-adjusted models, respectively). Small non-significant negative associations were observed for AGD and the weight standardized z-score of AGD in young boys. All associations were close to the null for girls, with the exception of small positive but non-significant associations with ACD in young girls (see Supplemental material, Table S1). All estimates were similar to those reported when models were adjusted for weight percentile according to age instead of weight (data not shown).

GAMs examining the shape of the relationships between dioxin-like activity in maternal plasma expressed in pg CALUX®-TEQ/g lipid and AGD (mm) (Figure 1) showed no significant departures from linearity, both for newborn (p-gain=0.367) and young boys (p-gain=0.382).

#### Discussion

In the present study of two population-based mother-child cohorts in Greece and Spain, prenatal exposure to dioxins and dioxin-like compounds was negatively associated with anogenital distance in males in the context of overall low-level exposures in the general population. We found no evidence that exposure was related to reduced anogenital distances in girls. Our results are consistent with animal studies as reviewed by the Joint FAO/WHO Expert Committee on Food Additives that noted that the most sensitive adverse effects were on the development of male offspring of rats after prenatal exposure to TCDD (FAO/WHO 2002).

To our knowledge, this is the first study to estimate the effect of dioxins on the development of the human genital system. Our findings are supported by several animal studies where prenatal and lactational exposure to TCDD was associated with a reduced anogenital distance (Gray et al. 1995; Jin et al. 2008; Jin et al. 2010; Ohsako et al. 2001; Ohsako et al. 2002). Mocarelli et al. (2011) showed that semen quality and sperm counts were reduced in young men with *in utero* and lactational exposure to dioxin in the Seveso accident.

Although the health effect of *in utero* exposure to dioxins on the development of the human reproductive organs is largely unknown, the effect of other endocrine disruptors has been explored. Two studies have found that *in utero* exposure to phthalates was associated with shortened AGD (Suzuki et al. 2011; Swan et al. 2005). However, a third study reported no statistical association between phthalates and male newborns' AGI (AGD/weight) (Huang et al. 2009). No effect of prenatal exposure to DDE on anogenital distance at birth was reported

by two studies in Mexico (Longnecker et al. 2007; Torres-Sanchez et al. 2008) although the smaller study reported a significant reduction in one of the indices measured (Anal Position Index) which is a non-age-dependent measurement of AGD (Torres-Sanchez et al. 2008). A recent study reported that *in utero* exposure to BPA was associated with decreased AGD (Miao et al. 2011).

It has been suggested that human hypospadias and cryptorchidism may be associated with reduced anogenital distance as a result of endocrine disruption (Hsieh et al. 2008). Moreover, findings of recent studies have linked shorter anogenital distance to reproductive parameters in adulthood. Decreased anogenital distance predicted poorer semen quality (Mendiola et al. 2011) and men who had fathered a child had a longer anogenital distance than infertile urology clinic patients (Eisenberg et al. 2011). Men with hypogonadal testosterone levels (< 300 ng/dL) had a significantly shorter anogenital distance compared to men with higher testosterone levels (Eisenberg et al. 2012). In children of the Rhea cohort, neonatal anogenital distance predicted the corresponding genitalia measure at early childhood (Papadopoulou et al. in press).

In the present study we measured two genitalia distances, AGD and ASD, but found significant associations with dioxin exposure only for AGD, as did Swan et al. (2005) with exposure to phthalates. On the other hand Mendiola et al. (2011) saw significant associations with sperm parameters only for ASD. These findings suggest that different genitalia measurements may reflect androgen exposures at different stages of life.

We found no evidence that *in utero* exposure to dioxins and dioxin like compounds are associated with female anogenital distances. Of the two other studies that examined anogenital distance in females, one reported no associations with prenatal DDE exposure (Torres-Sanchez et al. 2008) and the other found prenatal phthalates exposure to be associated with shorter AGI (Huang et al. 2009). Animal studies suggest that some effects of

environmental chemicals, including TCDD, may not be detected until puberty, or even later in life (Birnbaum 1994b; Gray and Ostby 1995; Heimler et al. 1998; Wolf et al. 1999). In humans there is some evidence that higher exposure to dioxins and dioxin-like compounds is associated with delayed breast development (Den Hond et al. 2002; Leijs et al. 2008). Hence, further follow up of the girls in our study is needed to evaluate possible effects of dioxins on their reproductive health.

Our results provided some evidence of an adverse effect of dioxins on anogenital distances of young boys, although estimated effects were small and not statistically significant. The few epidemiological studies which have explored the relationship between anogenital distances and prenatal exposures have collected their measurements at birth, and only Swan et al. (2005) explored phthalate exposure in relation to AGD in a study of young boys aged 2 to 36 months. Child's body size is positively associated with anogenital distance (Ozkan et al. 2011; Romano-Riquer et al. 2007; Salazar-Martinez et al. 2004; Sathyanarayana et al. 2010; Thankamony et al. 2009), thus a possible reduction due to prenatal exposure might be masked by growth during the first years of life. Moreover, anogenital distances in childhood could also be affected by early life exposures. Breastfeeding is the main source of exposure to dioxins in early life, but in our study population the duration of breastfeeding was short (median: 2 months) and not associated with anogenital distance (data not shown). Although it would have been ideal to measure the same children at birth and in early childhood this was not possible due to the designs of the two studies.

In this study exposure to dioxins and dioxin-like compounds was estimated with the DR CALUX® bioassay. Methods for quantification of dioxin exposure include sensitive and specific techniques such as high-resolution gas chromatography/mass spectrometry (GC/MS). However, these methods are time-consuming, expensive and require large sample volumes (Warner et al. 2005). While the DR CALUX® does not quantify specific compounds, it

provides an overall biological response/potency of mixture that will reflect the effects of possible interactions (synergistic, additive and/or antagonistic interaction) between congeners (Long et al. 2007).

Mean plasma levels of our study (52.3±20.7 and 49.7±26.7 in newborns and young children, respectively) were similar to other published European studies, except for a Dutch study (mean 103.7 pg TEQ/g lipid) conducted in the early 1990s (Koopman-Esseboom et al. 1994). Mean levels in two studies of pregnant women in Denmark were 46.0 and 37.0 pg CALUX®-TEQ/g lipid respectively (Halldorsson et al. 2009; Pedersen et al. 2010). A case—control study on endometriosis in Rome reported 18.6 and 20.0 pg TEQ/g lipid in cases and controls (Porpora et al. 2009). Moreover, Belgian studies in young and middle aged women, adolescents, and newborns have reported 46.8 (Pauwels et al. 2000), 36.0 (Koppen et al. 2001), 28.6 and 34.9 (in girls and boys respectively) (Van Den Heuvel et al. 2002), and 23.0 pg CALUX-TEQ/g lipid (Koppen et al. 2009).

#### **Conclusions**

Our results suggest that male infants may be susceptible to endocrine-disrupting effects of dioxins even in the context of overall low-level exposure in the general population. Our findings are consistent with the experimental animal evidence used by FAO/WHO to set recommendations for human dioxin intake.

#### References

- Abel J, Haarmann-Stemmann T. 2010. An introduction to the molecular basics of aryl hydrocarbon receptor biology. Biol Chem 391:1235-1248.
- Birnbaum LS. 1994a. The mechanism of dioxin toxicity: relationship to risk assessment. Environ Health Perspect 102 Suppl 9:157-167.
- Birnbaum LS. 1994b. Endocrine effects of prenatal exposure to pcbs, dioxins, and other xenobiotics: implications for policy and future research. Environ Health Perspect 102:676-679.
- Birnbaum LS. 1995a. Developmental effects of dioxins. Environ Health Perspect 103 Suppl 7:89-94.
- Birnbaum LS. 1995b. Developmental effects of dioxins and related endocrine disrupting chemicals. Toxicol Lett 82-83:743-750.
- Brouwer A, Sonneveld E, Botschuijver S, Besselink H, Burg van der B. 2004. A low volume method for the analysis of dioxins and dioxin-like compounds in serum and whole blood using BDS' DR CALUX® bioassay. Organohalog Compd 66:687–690.
- Callegari C, Everett S, Ross M, Brasel JA. 1987. Anogenital ratio: measure of fetal virilization in premature and full-term newborn infants. J Pediatr 111:240-243.
- Chatzi L, Plana E, Daraki V, Karakosta P, Alegkakis D, Tsatsanis C, et al. 2009. Metabolic syndrome in early pregnancy and risk of preterm birth. Am J Epidemiol 170:829-836.
- Den Hond E, Roels HA, Hoppenbrouwers K, Nawrot T, Thijs L, Vandermeulen C, et al. 2002. Sexual maturation in relation to polychlorinated aromatic hydrocarbons: Sharpe and Skakkebaek's hypothesis revisited. Environ Health Perspect 110:771–776.
- Denison MS, Soshilov AA, He G, DeGroot DE, Zhao B. 2011. Exactly the same but different: promiscuity and diversity in the molecular mechanisms of action of the aryl hydrocarbon (dioxin) receptor. Toxicol Sci 124:1-22.
- Eisenberg ML, Hsieh MH, Walters RC, Krasnow R, Lipshultz LI. 2011. The relationship between anogenital distance, fatherhood, and fertility in adult men. PLoS One 6:e18973.
- Eisenberg ML, Jensen TK, Walters RC, Skakkebaek NE, Lipshultz LI. 2012. The relationship between anogenital distance and reproductive hormone levels in adult men. J Urol 187:594-598.
- FAO/WHO. 2002. Evaluation of certain food additives and contaminants: Fifty-seventh report of the joint FAO/WHO Expert Committee on Food Additives. (WHO technical report series). Rome, Italy 2001.

- Gray LE, Jr., Kelce WR, Monosson E, Ostby JS, Birnbaum LS. 1995. Exposure to TCDD during development permanently alters reproductive function in male Long Evans rats and hamsters: reduced ejaculated and epididymal sperm numbers and sex accessory gland weights in offspring with normal androgenic status. Toxicol Appl Pharmacol 131:108-118.
- Gray LE, Jr., Ostby JS. 1995. In utero 2,3,7,8-tetrachlorodibenzo-p-dioxin (TCDD) alters reproductive morphology and function in female rat offspring. Toxicol Appl Pharmacol 133:285-294.
- Gray LE, Jr., Wolf C, Lambright C, Mann P, Price M, Cooper RL, et al. 1999. Administration of potentially antiandrogenic pesticides (procymidone, linuron, iprodione, chlozolinate, p,p'-DDE, and ketoconazole) and toxic substances (dibutyl- and diethylhexyl phthalate, PCB 169, and ethane dimethane sulphonate) during sexual differentiation produces diverse profiles of reproductive malformations in the male rat. Toxicol Ind Health 15:94-118.
- Greenham LW, Greenham V. 1977. Sexing mouse pups. Lab Anim 11:181-184.
- Halldorsson TI, Thorsdottir I, Meltzer HM, Strom M, Olsen SF. 2009. Dioxin-like activity in plasma among Danish pregnant women: dietary predictors, birth weight and infant development. Environ Res 109:22-28.
- Hankinson O. 1995. The aryl hydrocarbon receptor complex. Annu Rev Pharmacol Toxicol 35:307-340.
- Heimler I, Trewin AL, Chaffin CL, Rawlins RG, Hutz RJ. 1998. Modulation of ovarian follicle maturation and effects on apoptotic cell death in holtzman rats exposed to 2,3,7,8-tetrachlorodibenzo-p-dioxin (TCDD) in utero and lactationally. Reprod Toxicol 12:69-73.
- Hsieh MH, Breyer BN, Eisenberg ML, Baskin LS. 2008. Associations among hypospadias, cryptorchidism, anogenital distance, and endocrine disruption. Curr Urol Rep 9:137-142.
- Huang PC, Kuo PL, Chou YY, Lin SJ, Lee CC. 2009. Association between prenatal exposure to phthalates and the health of newborns. Environ Int 35:14-20.
- Jin MH, Ko HK, Hong CH, Han SW. 2008. In utero exposure to 2,3,7,8-tetrachlorodibenzop-dioxin affects the development of reproductive system in mouse. Yonsei Med J 49:843-850.
- Jin MH, Hong CH, Lee HY, Kang HJ, Han SW. 2010. Toxic effects of lactational exposure to 2,3,7,8-tetrachlorodibenzo-p-dioxin (TCDD) on development of male reproductive system: involvement of antioxidants, oxidants, and p53 protein. Environ Toxicol 25:1-8.

- Koopman-Esseboom C, Huisman M, Weisglas-Kuperus N, Boersma ER, de Ridder MAJ, Van der Paauw CG, et al. 1994. Dioxin and PCB levels in blood and human milk in relation to living areas in The Netherlands. Chemosphere 29:2327-2338.
- Koppen G, Covaci A, Van Cleuvenbergen R, Schepens P, Winneke G, Nelen V, et al. 2001. Comparison of CALUX-TEQ values with PCB and PCDD/F measurements in human serum of the Flanders environmental and health study (FLEHS). Toxicol Lett 123:59-67.
- Koppen G, Den Hond E, Nelen V, Van De Mieroop E, Bruckers L, Bilau M, et al. 2009. Organochlorine and heavy metals in newborns: results from the Flemish Environment and Health Survey (FLEHS 2002-2006). Environ Int 35:1015-1022.
- Leijs MM, Koppe JG, Olie K, van Aalderen WM, Voogt P, Vulsma T, et al. 2008. Delayed initiation of breast development in girls with higher prenatal dioxin exposure; a longitudinal cohort study. Chemosphere 73:999-1004.
- Long M, Deutch B, Bonefeld-Jorgensen EC. 2007. AhR transcriptional activity in serum of Inuits across Greenlandic districts. Environ Health 6:32.
- Longnecker MP, Gladen BC, Cupul-Uicab LA, Romano-Riquer SP, Weber JP, Chapin RE, et al. 2007. In utero exposure to the antiandrogen 1,1-dichloro-2,2-bis(p-chlorophenyl)ethylene (DDE) in relation to anogenital distance in male newborns from Chiapas, Mexico. Am J Epidemiol 165:1015-1022.
- Marty MS, Chapin RE, Parks LG, Thorsrud BA. 2003. Development and maturation of the male reproductive system. Birth Defects Res B Dev Reprod Toxicol 68:125-136.
- Mendiola J, Stahlhut RW, Jorgensen N, Liu F, Swan SH. 2011. Shorter anogenital distance predicts poorer semen quality in young men in Rochester, New York. Environ Health Perspect 119:958-963.
- Miao M, Yuan W, He Y, Zhou Z, Wang J, Gao E, et al. 2011. In utero exposure to bisphenol-A and anogenital distance of male offspring. Birth Defects Res A Clin Mol Teratol 91:867-872.
- Mocarelli P, Gerthoux PM, Needham LL, Patterson DG, Jr., Limonta G, Falbo R, et al. 2011. Perinatal exposure to low doses of dioxin can permanently impair human semen quality. Environ Health Perspect 119:713-718.
- Murk AJ, Leonards PE, van Hattum B, Luit R, van der Weiden ME, Mit M. 1997. The CALUX (chemical-activated luciferase expression) assay adapted and validated for measuring TCDD equivalents in blood plasma. Environ Toxicol Chem 16:1583–1589.
- Ohsako S, Miyabara Y, Nishimura N, Kurosawa S, Sakaue M, Ishimura R, et al. 2001. Maternal exposure to a low dose of 2,3,7,8-tetrachlorodibenzo-p-dioxin (TCDD)

- suppressed the development of reproductive organs of male rats: dose-dependent increase of mRNA levels of 5alpha-reductase type 2 in contrast to decrease of androgen receptor in the pubertal ventral prostate. Toxicol Sci 60:132-143.
- Ohsako S, Miyabara Y, Sakaue M, Ishimura R, Kakeyama M, Izumi H, et al. 2002. Developmental stage-specific effects of perinatal 2,3,7,8-tetrachlorodibenzo-p-dioxin exposure on reproductive organs of male rat offspring. Toxicol Sci 66:283-292.
- Ohtake F, Takeyama K, Matsumoto T, Kitagawa H, Yamamoto Y, Nohara K, et al. 2003. Modulation of oestrogen receptor signalling by association with the activated dioxin receptor. Nature 423:545-550.
- Ohtake F, Baba A, Fujii-Kuriyama Y, Kato S. 2008. Intrinsic AhR function underlies cross-talk of dioxins with sex hormone signalings. Biochem Biophys Res Commun 370:541-546.
- Ozkan B, Konak B, Cayir A, Konak M. 2011. Anogenital distance in Turkish newborns. J Clin Res Pediatr Endocrinol 3:122-125.
- Papadopoulou E, Vafeiadi M, Agramunt S, Basagaña X, Mathianaki K, Karakosta P, et al. in press. Anogenital distances in newborns and children from Spain and Greece: predictors, tracking and reliability. Paediatric and Perinatal Epidemiology.
- Parzefall W. 2002. Risk assessment of dioxin contamination in human food. Food Chem Toxicol 40:1185-1189.
- Pauwels A, Cenijn PH, Schepens PJ, Brouwer A. 2000. Comparison of chemical-activated luciferase gene expression bioassay and gas chromatography for PCB determination in human serum and follicular fluid. Environ Health Perspect 108:553-557.
- Pedersen M, Halldorsson TI, Mathiesen L, Mose T, Brouwer A, Hedegaard M, et al. 2010. Dioxin-like exposures and effects on estrogenic and androgenic exposures and micronuclei frequency in mother-newborn pairs. Environ Int 36:344-351.
- Porpora MG, Medda E, Abballe A, Bolli S, De Angelis I, di Domenico A, et al. 2009. Endometriosis and organochlorinated environmental pollutants: a case-control study on Italian women of reproductive age. Environ Health Perspect 117:1070-1075.
- Romano-Riquer SP, Hernandez-Avila M, Gladen BC, Cupul-Uicab LA, Longnecker MP. 2007. Reliability and determinants of anogenital distance and penis dimensions in male newborns from Chiapas, Mexico. Paediatr Perinat Epidemiol 21:219-228.
- Safe S, Krishnan V. 1995. Chlorinated hydrocarbons: estrogens and antiestrogens. Toxicol Lett 82-83:731-736.

- Salazar-Martinez E, Romano-Riquer P, Yanez-Marquez E, Longnecker MP, Hernandez-Avila M. 2004. Anogenital distance in human male and female newborns: a descriptive, cross-sectional study. Environ Health 3:8.
- Sathyanarayana S, Beard L, Zhou C, Grady R. 2010. Measurement and correlates of anogenital distance in healthy, newborn infants. Int J Androl 33:317-323.
- Suzuki Y, Yoshinaga J, Mizumoto Y, Serizawa S, Shiraishi H. 2011. Foetal exposure to phthalate esters and anogenital distance in male newborns. Int J Androl.
- Swan SH, Main KM, Liu F, Stewart SL, Kruse RL, Calafat AM, et al. 2005. Decrease in anogenital distance among male infants with prenatal phthalate exposure. Environ Health Perspect 113:1056-1061.
- Thankamony A, Ong KK, Dunger DB, Acerini CL, Hughes IA. 2009. Anogenital distance from birth to 2 years: a population study. Environ Health Perspect 117:1786-1790.
- Torres-Sanchez L, Zepeda M, Cebrian ME, Belkind-Gerson J, Garcia-Hernandez RM, Belkind-Valdovinos U, et al. 2008. Dichlorodiphenyldichloroethylene exposure during the first trimester of pregnancy alters the anal position in male infants. Ann N Y Acad Sci 1140:155-162.
- Van Den Heuvel RL, Koppen G, Staessen JA, Hond ED, Verheyen G, Nawrot TS, et al. 2002. Immunologic biomarkers in relation to exposure markers of PCBs and dioxins in Flemish adolescents (Belgium). Environ Health Perspect 110:595-600.
- Warner M, Eskenazi B, Patterson DG, Clark G, Turner WE, Bonsignore L, et al. 2005. Dioxin-Like TEQ of women from the Seveso, Italy area by ID-HRGC/HRMS and CALUX. J Expo Anal Environ Epidemiol 15:310-318.
- World Health Organization. The WHO Child Growth Standars. 2006. Available: <a href="http://www.who.int/childgrowth/standards/en/">http://www.who.int/childgrowth/standards/en/</a> [accessed 17 October 2012]
- Wolf CJ, Ostby JS, Gray LE, Jr. 1999. Gestational exposure to 2,3,7,8-tetrachlorodibenzo-pdioxin (TCDD) severely alters reproductive function of female hamster offspring. Toxicol Sci 51:259-264.

Table 1. Maternal and child characteristics in newborns and young children.

Maternal Characteristics	n	Newborns (n=237)	n	Young children (n=462) <sup>a</sup>
Country of living (%)		,		
Greece	121	49.0	456	100.0%
Spain	116	51.0	0	0
Maternal age [years (Mean±SD)]	237	$29.8 \pm 5.4$	456	30.1±4.7
missing			6	
Pre pregnancy BMI [kg/cm <sup>2</sup> (Median±IQR)]	224	23.4±5.3	456	23.4±5.1
missing	13		6	
Weight gain during pregnancy [kg (Median±IQR)]		$NA^b$	378	$13.0\pm7.0$
missing			84	
Maternal ethnicity (%)				
Non white European	59	25	0	0
White European	177	75	462	100
missing	1	, ,	.02	100
Parity (%)				
Primiparous	95	42.0	155	34.7
Multiparous	131	58.0	292	65.3
missing	11	30.0	15	05.5
Residence (%)	11		13	
Urban	201	87.0	335	80.7
Rural	30	13.0	80	19.3
	6	13.0	47	19.3
missing Maternal Education (9/)	U		4/	
Maternal Education (%)	(7	20.0	90	10.6
Low	67	28.8	89	19.6
Medium	100	42.9	223	49.0
High	66	28.3	143	31.4
missing	4		7	
Delivery hospital (%)	50	21.0	175	20.1
private	52	21.9	175	38.1
public	185	78.1	284	61.9
missing			3	
Smoking during pregnancy (%)				
no	154	66.7	358	78.5
yes	77	33.3	98	21.5
missing	6		6	
Type of delivery (%)				
Vaginal delivery	174	73.7	232	50.8
Caesarean section	62	26.3	225	49.2
missing	1		5	
Child Characteristics				
Gender (%)				
Males	119	50.2	239	51.7
Females	118	49.8	223	48.3
Birth weight [g (Mean±SD)]	237	$3,277\pm429.2$	454	$3,167\pm441.6$
missing			8	
Birth length [cm (Median±IQR)]	234	$50.0\pm2.0$	447	50.0±3.0
missing	3		15	

Table 1 (continued)

Maternal Characteristics	n	Newborns	n	Young children
Waternar Characteristics		(n=237)		(n=462)a
Gestational age [weeks (Median±IQR)]	237	39.0±2.0	449	38.0±1.0
missing			13	
Weight at examination [g (Mean±SD)]	236	$3,229\pm446.7$	456	11,224±2066.3
missing	1		6	
Length at examination [cm (Median±IQR)]	236	$50.0\pm2.0$	457	$82.5 \pm 11.0$
missing	1		5	
Age at examination [months (Median±IQR)]			462	16.0±11
Head circumference at examination [cm (Median±IQR)]	236	$34.5 \pm 1.8$	462	$47.5\pm3.0$
missing	1			
Breastfeeding (%)				
never			64	14.3
ever			384	85.7
missing			14	

<sup>&</sup>lt;sup>a</sup>median age =16 months, range =1-31 months <sup>b</sup>Data not available for the HMAR cohort

Table 2. Distribution of dioxin-like compounds in maternal plasma, anogenital distances and penis width in newborns and young children.

Variables	Newborns (n=237)					Young children (n=462) <sup>a</sup>				
		Percentile					Percentile			le
	n	Mean±SD	25 <sup>th</sup>	50th	75th	n	Mean±SD	25 <sup>th</sup>	50th	75th
Anogenital distances										
Males										
AGD (mm)	119	$48.8 \pm 5.1$	45.5	48.2	51.9	237	$80.7 \pm 7.3$	75.2	80.7	86.5
ASD (mm)	119	$25.5\pm4.8$	22.4	25.2	28.8	239	$39.9 \pm 6.9$	34.3	39.8	44.9
PW (mm)	117	$10.7 \pm 1.1$	10.0	10.6	11.3	235	$14.0 \pm 1.7$	12.8	14.1	14.9
Females										
ACD (mm)	118	$35.0\pm3.3$	32.7	34.8	37.1	223	$49.1 \pm 6.0$	45.4	48.6	53.3
AFD (mm)	118	$14.3 \pm 3.0$	12.4	14.2	15.7	223	$21.7 \pm 3.9$	18.5	21.5	24.1
Dioxin-like compounds										
in maternal plasma										
pg TEQ/g lipid	237	$52.3\pm20.7$	42.5	53.6	66.0	462	49.7±26.7	34.7	50.3	63.5
- % <lod< td=""><td>7.6</td><td></td><td></td><td></td><td></td><td>10.6</td><td></td><td></td><td></td><td></td></lod<>	7.6					10.6				

<sup>&</sup>lt;sup>a</sup>median age =16 months, range =1-31 months

Table 3. Mean  $(\pm SD)$  of physiological variables in newborns (n=237) and young boys (n=462) categorized by median levels of dioxin like activity in maternal plasma expressed in pg CALUX®-TEQ/g lipid.

	pg CALUX®-TEQ/g lipid <sup>a, b</sup>					
Newborns	n	low	n	high	P value <sup>c</sup>	
Males						
Gestational age (weeks)	62	$38.8 \pm 1.7$	57	$38.7 \pm 1.4$	0.374	
Weight at examination (g)	61	$3,305\pm441.6$	57	$3,282\pm386.9$	0.887	
AGD (mm)	62	$49.1 \pm 5.3$	57	$48.4 \pm 4.9$	0.617	
ASD (mm)	62	$25.3 \pm 5.3$	57	$25.7 \pm 4.2$	0.374	
PW (mm)	62	$10.6 \pm 1.1$	55	$10.9 \pm 1.0$	0.163	
Females						
Gestational age (weeks)	57	$38.8 \pm 1.3$	61	$38.5 \pm 1.8$	0.338	
Weight at examination (g)	57	$3,190\pm506.0$	61	$3,140\pm469.7$	0.615	
ACD (mm)	57	35.1±3.8	61	$34.9 \pm 2.8$	0.592	
AFD (mm)	57	$14.4 \pm 3.1$	61	$14.1\pm2.6$	0.892	
Young children						
Males						
Weight at examination (g)	108	11,239±2128.8	126	11,843±1967.0	0.048*	
Age at examination (months)	110	$17.2 \pm 7.2$	129	$18.5 \pm 5.7$	0.207	
AGD (mm)	110	$80.0 \pm 7.8$	127	$81.2 \pm 6.9$	0.142	
ASD (mm)	110	39.6±7.1	129	$40.2 \pm 6.7$	0.471	
PW (mm)	110	$14.0 \pm 1.7$	125	$13.9 \pm 1.7$	0.914	
Females						
Weight at examination (g)	120	$10,763\pm2175.6$	102	10,984±1810.9	0.645	
Age at examination (months)	121	$16.9 \pm 7.3$	102	$18.2 \pm 6.3$	0.162	
ACD (mm)	121	$48.7 \pm 6.1$	102	$49.5 \pm 6.0$	0.460	
AFD (mm)	121	21.8±3.8	102	21.6±4.0	0.760	

<sup>a</sup> Median levels of plasma dioxin-like compounds in the low-level and high-level newborn groups were 42.5 (IQR=21.2; Range=6-53.6) and 66.1 (IQR=12.5; Range=53.7-106.3) pg CALUX®-TEQ/g lipid, respectively; Median levels of plasma dioxin-like compounds in the low-level and high-level young children groups were 34.7 (IQR=22.0; Range=6-50.2) and 63.5 (IQR=14.4; Range=50.4-225.7) pg CALUX®-TEQ/g lipid, respectively

<sup>&</sup>lt;sup>b</sup> Median value of dioxin-like compounds in the newborn group was 53.6pg CALUX®-TEQ/g lipid; Median value of dioxin-like compounds in the young children group was 50.3pg CALUX®-TEQ/g lipid. Values above median were categorized as high while values below median were categorized as low in both age groups.

<sup>&</sup>lt;sup>c</sup> Kruskal Wallis test, \*p<0.05

Table 4. Associations between a 10 pg increase in maternal DR CALUX®-TEQ/g lipid and anogenital distances and penis width in newborn and young boys.

	Change per 10 pg increase in DR CALUX®-TEQ/g lipid						
Outcomes		Basic model <sup>a</sup>		Fully-a	adjusted model		
	N	β	95%CI	β	95%CI		
Newborns							
AGD (mm)	115	-0.41	-0.77, -0.06	$-0.44^{b}$	-0.80, -0.08		
ASD (mm)	112	-0.14	-0.51, 0.23	$-0.25^{c}$	-0.61, 0.11		
PW (mm)	116	0.03	-0.05, 0.11	$0.02^{d}$	-0.06, 0.09		
Young boys							
AGD (mm)	207	-0.13	-0.44, 0.18	$-0.07^{e}$	-0.39, 0.24		
ASD (mm)	218	0.06	-0.25, 0.38	$0.08^{f}$	-0.23, 0.39		
PW (mm)	215	-0.05	-0.11, 0.02	$-0.04^{g}$	-0.10, 0.03		
Weight standardized z-scores of anogenital distances*							
AGD z-score	207	-0.01	-0.06, 0.03	-0.01	-0.05, 0.04		
ASD z-score	218	0.01	-0.03, 0.06	0.01	-0.03, 0.06		
PW z-score	215	-0.03	-0.07, 0.01	-0.02	-0.07, 0.02		

<sup>&</sup>lt;sup>a</sup>Basic model adjusted for birth weight, gestational age and cohort in newborns, and for weight and age at examination and examiner in young boys.

<sup>&</sup>lt;sup>b</sup>Basic model plus maternal ethnicity and maternal education

<sup>&</sup>lt;sup>c</sup>Basic model plus maternal ethnicity, smoking during pregnancy and type of delivery.

<sup>&</sup>lt;sup>d</sup>Basic model plus maternal age and delivery hospital

<sup>&</sup>lt;sup>e</sup>Basic model plus delivery hospital, maternal education, smoking during pregnancy and residence.

<sup>&</sup>lt;sup>f</sup>Basic model plus maternal age, parity, pre pregnancy BMI and maternal education.

<sup>&</sup>lt;sup>g</sup>Basic model plus maternal age, parity delivery hospital and maternal education.

<sup>\*</sup>All models for weight standardized z-scores of anogenital distances are adjusted for the same variables as in the models for the crude measurements of anogenital distances in young boys without weight at the time of measurement.

## Figure legend

Figure 1. GAMS; adjusted associations (95% CI) between dioxin-like activity and AGD in newborn<sup>a</sup> and young<sup>b</sup> boys.

<sup>a</sup>Adjusted for birth weight, gestational age, cohort, maternal ethnicity and maternal education <sup>b</sup>Adjusted for weight and age at examination, examiner, delivery hospital, maternal education, smoking during pregnancy and residence.

++Symbols at base of figure represent observations

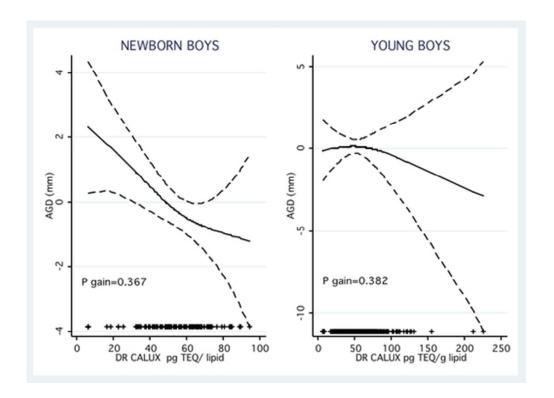


Figure 1 21x15mm (600 x 600 DPI)